

rlss pool lifeguard test pdf

A lifeguard is a rescuer who supervises the safety and rescue of swimmers, surfers, and other water sports participants such as in a swimming pool, water park, spa, beach or river. Lifeguards are strong swimmers and trained in CPR/AED first aid, certified in water rescue using a variety of aids and equipment depending on requirements of their particular venue.

Lifeguard - Wikipedia

Learning to swim is a truly amazing journey whatever age you may be, we believe that the most important factor in that is the Swimming Teacher.

Duck N' Dive employs ONLY the very best swimming teachers

Halesowen leisure Centre has many facilities comprising of a main pool and learner pool, dance studios, Lifestyles gym, squash courts and function rooms.

Halesowen Leisure Centre - Dudley

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